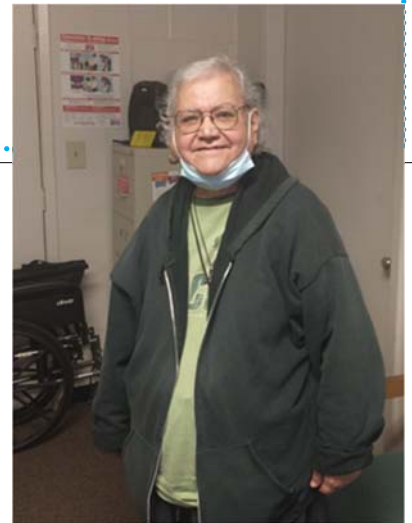




With 2022 coming to a close, it can be meaningful to spend some time reflecting on the year gone by and planning for the year ahead. As you consider your goals for the new year, perhaps you want to improve your credit, or develop a budget, change careers or go back to school. If this sounds like you, then you'd be a great fit for the FSS program! Each year we help many participants succeed in rebuilding their credit, get a job that meets their family's needs and connect them with resources to go back to school. There were some changes to the FSS program lately, offering even more benefits for you! Please reach out to our FSS Coordinators at (512) 396-3364 to learn more!



At only 15 years old, Ramona began smoking cigarettes. Smoking was the cool thing to do as a teenager, although it quickly turned into an addiction. For fifty years Ramona would smoke cigarettes daily, she would buy big packs of cigarettes. Seven years ago when she was 65, Ramona felt that God spoke to her and she decided it was best for her to quit. God was not the only reason she decided to quit; she would hear what people would say about her and her smoking habits and decided she did not want people to be gossiping about her. Ramona did not use nicotine patches, or Nicorette gum to help her quit slowly, she quit cold turkey and was very successful! Ramona has had a long journey with addiction and was strong enough to remain clean for seven years! She has had urges to pick up a cigarette but continues to be strong and knows the risks if she decided to smoke "just one more". Ramona continues her journey of quitting and feels better every day because of it! Ramona, we are all very proud of you and understand that quitting is very difficult, but you did it! Yay Ramona 😊

## ALLEN WOODS HOMES — PODER LEARNING CENTER

### Upcoming Events

**F: 12/2: 10 AM Cooking & Bingo**

**T: 12/7: 10:30 AM United Health Care Bingo**

**W: 12/14: 12:30 PM Tanger Outlet Bingo**

### Ongoing Events

**M: 9:30 AM Snip, Clip, 'n, Color**

**T: 9 AM Bible Study**

**W: 10 AM La Lotería**

**Th: Teen Time 5-6 PM**

**Last one for this year will be December 6. Program will resume on January 24.**



PODER students have been enjoying learning about STEAM (Science, Technology, Engineering, Art, and Math) on the first and third Thursdays of the month. Miss Miriam with ACCEYSS has been doing some cool and fun things. Last week the students experienced making their own ice cream!

**Reminder:** The Texas State Student Volunteers are gone till mid-January. During this time we will not have volunteers available to walk kids home during the middle of the program. If your child decides to leave during the program, they will be walking home alone. If you would prefer your child walk with an adult please instruct your child to wait till the end of the program to walk home with Miss Michele. Please talk with Michele if you have any questions or concerns about your child leaving alone. Thank you for your understanding.



### Coming Soon:

- ◇ Weekly Senior cooking & nutrition classes starting January 4, 2023 from 2-3 PM. Sign up in the office.
- ◇ Diabetes Education: Interest forms in the office.



## Springtown Villa



Lourdes Morales has been serving United HealthCare consumers at Springtown Villa for so long now we can't remember when she started. She does a great job answering all our questions and we have a lot of fun winning great prizes playing BINGO!

Thank you again, Puente family. We had a wonderful meal prepared by our apartment manager, Amanda, and our resident, Lino Puente's family. This is the time of the year to show gratitude and appreciation for all the loved ones in our lives. We should also be grateful for our good fortune.

## Happy Thanksgiving!



# C. M. ALLEN HOMES — KAD KORNER STORE

## Bingo Bash

You do not want to miss the Bingo fun! It is every Wednesday at 1:30 PM. Come for a chance to win a Bingo prize! Myleen from Tanger Outlets always has the best prizes and makes the Bingo so fun!



## APPRECIATION LETTER...

The support and dedication given to the children of KAD by Ms. Bonnie Pecina is unmatched. She provides the type of environment that I wish I would've been a part of as child. Being able to work with her for a couple of months allowed me a glimpse into the impact she's had on generations of families. Working with her has taught me to break out of my shell by her friendly nudge out of my comfort zone, and it's something that I know will benefit me in my future career" - Tatyana Jones (former volunteer of KAD)



## Events at KAD:

Every TUESDAY at 1:30 PM - Senior Craft Class

Every WEDNESDAY at 1:30 PM - Senior Bingo & Health Care Agency Presentation

Every THURSDAY from 5 - 6 PM - Cenikor Teen Group

Every 4th WEDNESDAY from 11 - 12 PM - Senior Nutrition Class



(On the left) **Financials Class:** taught by Jennifer Crawford from RBFCU

Enjoyed by many residents!

(On the right) KAD kids enjoying snacks and playing at the park, after homework was done of course!





## CHAPULTEPEC HOMES & ADULT LEARNING CENTER



12/1 - The last Counseling Group for this semester will be on Zoom from 6:30 - 7:30 PM. We will be discussing coping skills. The Zoom Counseling Groups have provided a wonderful opportunity for residents to connect with peers, discuss what's going on in their lives and gain new perspectives. We hope you can join us for our last meeting!

Thank you Enhancing Intimacy Austin for providing these groups!

Join us at the Chapultepec Adult Learning Center at 3 PM on 12/1 and 12/15 to participate in our sewing class! We have a sewing machine available for use, as well as fabrics and other needed materials for basic projects. We have been working on Christmas stockings if you would like to come and create one!



### Christmas Party

December 20, 2022

From 5:30 - 7 PM

At the Chapultepec Adult Learning Center





Sun

Mon

Tue

Wed

Thu

Fri

Sat

Click on the images to learn more about December 2022.  
Access an electronic copy from our website at [smpha.org](http://smpha.org).  
Check with the resident services office at your site for special events for your neighborhood!

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The SMHA  
Offices Close  
at 1 PM

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Offices  
closed

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Offices  
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**LEADERSHIP****Board of Commissioners**

Gloria Salazar — Chairperson

Mittie Miller — Vice-Chairperson

Adriana Castillo — Commissioner

Samantha Huls — Commissioner

**Executive Director**

Lana Wagner

*Commissioners meet on the 4th  
Tuesday of each month @ 6:30 PM.*

**HOUSING OFFICES****Allen Woods Homes (Main Office)**

512-353-5059

**CM Allen Homes**

512-353-1116

**Chapultepec Homes**

512-396-3364

**Housing Choice Voucher**

512-353-5061

**Springtown Villa**

512-396-3363

**RESIDENT SERVICES****Chapultepec Adult Learning  
Center Family Self-Sufficiency**

512-396-3364

**CM Allen KAD Korner Store**

512-392-6273

**Allen Woods PODER****Learning Center**

512-396-3367

**Springtown Villa**

512-353-7343