



Teens with Class

By Maria Calcaben

You would think that a room full of teens with fine dinnerware would result in a bull in a china shop situation, but at one point in the evening it was so quiet, you could hear a pin drop (or a glass clink). Intern Alesha Hibbs took on the challenge of planning a Teen Night and went with the theme of proper dining etiquette. She wanted to demonstrate the importance of manners and etiquette to prepare them for future circumstances such as special occasions, business meetings, and going to a nice restaurant. Each teen was assigned a volunteer that would personally serve them for the evening, but also rate their etiquette on a scorecard. The teen with the highest score would win a \$20 gift card to Chick-fil-A. The center was transformed to *Le Restaurant de PODER* with decorations, nice silverware, a beautiful tulip centerpiece, and instrumental dinner music. Teens were invited to dress up for extra points on their scorecard. The first challenge was to set up their plates, silverware, and glasses in the proper order. They were given a few minutes to look at a picture and then recreate it. The teens were then served a three course meal: salad for starter, spaghetti and garlic bread for the main course, and a brownie a la mode for dessert. They did a great job using their napkins properly, not talking with food in their mouths, and using all the proper silverware. Although the teens had to be on their best behavior, they seemed to enjoy the evening . . . and all the delicious food. For the last challenge, each one was to make a toast and the person with the best toast got an advantage on their scorecard. Some raised their goblet to being together with friends and others chose to praise the food. With glasses filled with flavored sparkling water, they clinked them together after a hearty "Cheers!" We applaud our teens, especially Makayla, our winner for the evening, for stepping up to each challenge with their best foot forward!



BOARD OF COMMISSIONER NEWS

At its annual meeting last month, the San Marcos Housing Authority Board of Commissioners welcomed two new commissioners, replacing Maggie Moreno and Juan Miguel Arredondo, whose terms expired. The new members are Gloria Salazar and Nina Linda Ramos. They join Richard Cruz and Rose Brooks. Commissioners elected Mr. Cruz to be the new Chairperson and Ms. Brooks to be the new Vice-Chairperson. Commissioners are appointed by the City Council. Local citizens must apply to the City to serve on various commissions. The Housing Authority is required by state law to set aside one of the Commissioner seats for a current resident of public housing. The Resident Commissioner position remains vacant. If you would like to submit your name for consideration to the City Council, please contact the City Clerk in person at the City Hall Building at 630 East Hopkins Street or by telephone at 512-393-8090. More information is available at this link: <http://sanmarcostx.gov/148/Boards-Commissions>

ALLEN WOODS HOMES — PODER LEARNING CENTER

INTERN EDITION!

Our amazing interns showed off their leadership skills this month:

Spanish Intern Reyna Lopez

didn't want the kids to have all the fun this Spring Break, so she created gatherings for the seniors as well with an emphasis on our Spanish-speaking residents. Residents watched episodes of *El Chavo de Ocho* (a famous Spanish sketch comedy show) and Reyna hosted activities that coincided with the episode. The week consisted of painting flower pots, planting flowers, making homemade exfoliating scrubs, and ending with carnival games where the participants got tickets to trade in for prizes. As she was playing



one of the carnival games, Ms. Julie Cowan said, "I'm getting my exercise today!" What a creative way to get our seniors out and social!

EL CHAVO WEEK



It's Game Time!

Social Work intern Angelica Moore has been passionate about creating more events for the seniors so she introduced Game Day. Game Day happens once a month and allows residents to get together to play board games like dominoes, work on puzzles, or do coloring sheets. They are able to take advantage of the big space provided by PODER, listen to music, munch on light snacks, and enjoy each other's company. Pictured is balloon tennis, a challenge that Angelica had created. The resident that could keep their balloon up the longest won a prize!



S **Recreation Therapy intern Alesha Hibbs** led a week full of fun activities during Spring Break. The week started off with a trip to Children's Park and a walk around the museum and boardwalk at the Aquarena Springs Center. The next day was a special movie day at PODER including fort building, outdoor activities, and earning "money" to buy snacks like popcorn, root beer floats, and pickles while watching *The Lion King*. The kids made a big splash during our Water Day which included a water balloon toss, a water balloon fight, and water kickball. That day ended with popsicles. The last day of Spring Break was a big surprise with a trip to the Soar Arena Therapeutic Riding Ranch to ride horses. It was a Spring Break to remember!



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It was a blast from the past when these young men came to visit! Jeffrey Perez, Jonathan Lopez, Victor Mendoza, and John Mendoza all grew up at Allen Woods and were in our after-school program in the early 2000's. They remembered when KAD was in a small building and Diana Banks was in charge. They shared happy memories and although they liked the improvements, they were also glad to hear some things have never changed, like trips to Schlitterbahn!



Springtown Villa

There is nothing like celebrating the Irish culture with some shepherd's pie, green cake, and decorations! Springtown held its annual St. Patrick's Day party on March 18. Allen, one of the residents, volunteered to cook all of the food for the party and the residents were very grateful for his hard work and time. Folks were feeling lucky as they entered into their first game of bingo, which was hosted by Lourdes from United Health Care. Some people left with prizes but everyone left with a full stomach!



Intern Meet and Greet

Last month, the interns at Springtown Villa, Angelica and Ali, hosted a Meet and Greet so they could get to know the residents they would be assisting until the end of the semester. As residents grabbed a sweet and a drink, they filled out 'Get to Know You' slips where they wrote their name and a fun fact. Angelica shared that she has a pet porcupine! And Ali's fun fact was that her dad ran for governor last year. Overall, the event was a success. If you have questions or need help, please don't hesitate to visit Angelica or Ali at the Resident Services office. Hours are posted on the door of the office. They look forward to getting to know you better!

On April 18, Springtown will be hosting an Easter egg hunt for the kids at PODER! Come join in on the fun!



**Resident Council
Meetings: 4/3 & 4/17**

C. M. ALLEN HOMES — KAD KORNER STORE



For Spring Break, our interns planned several fun and action-packed days for our KAD Kids. From a movie day, including concessions, to a field day with face

painting and making shirts so that they can always remember their KAD friends!



Travis County Attorney's Underage Drinking Prevention Program visited KAD and gave a demonstration to increase community awareness on underage drinking. The children had a chance to put on "drunk goggles" to see how it feels to be under the influence of alcohol.

APRIL EVENTS

Cancer Awareness

April 9 @1:00 PM

Senior Social

April 10 @ 1:30 PM

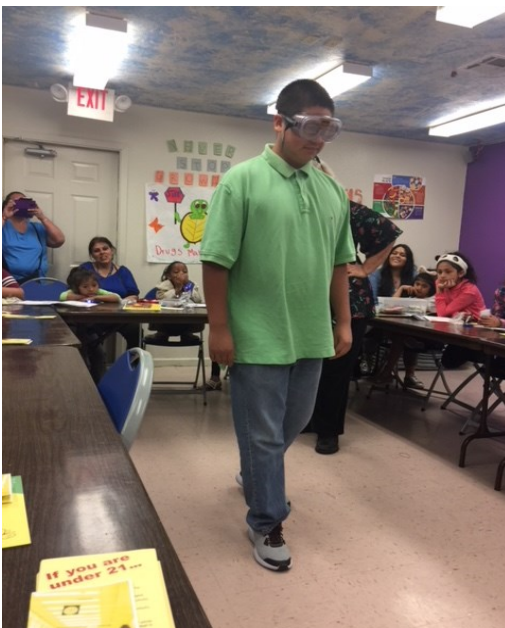
Adult Nutrition Class

April 16 @ 1:00 PM

Fall Prevention

April 17 @ 1:00 PM

It's a new year, which means new Resident Assembly Officers. Have a love for your community? Passionate about change? We are seeking active and enthusiastic officers dedicated to helping their community. Sign up in the KAD Center by April 30!



Texas State students Renelle, Gabriel, and Aliana are having fun with face paint.

CHAPULTEPEC HOMES & ADULT LEARNING CENTER



The kids at the Chapultepec After-school program are learning so many new things! Recently, they were creating sculptures and making nutritious snacks. Anaila Voss from United Way came out to read stories, make homemade guitars, and color Easter eggs with the kids.



They are having a blast learning and they are creating lifelong friendships. If you are interested in having your children in the after-school program please contact Kathy.





April 2019



Sun

Mon

Tue

Wed

Thu

Fri

Sat

	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16 <i>Home-buyer Class CALC @ 6 PM</i>	17	18 <i>SMHA offices close at 2 PM</i>	19 <i>SMHA offices closed</i>	20
21	22	23 <i>Board of Commissioners 5:30 PM</i>	24	25 <i>Food Wise Cooking Class CALC @ 6 PM</i>	26	27
28	29	30	<p>The Romans gave this month the Latin name Aprilis but the derivation of this name is uncertain. The traditional etymology is from the verb aperire, "to open," it being the season when trees and flowers grow and bloom. Since some of the Roman months were named in honor of divinities, and because April was sacred to the goddess Venus, her Veneralia being held on the first day, it has been suggested that Aprilis was originally her month Aphrilis, from her equivalent Greek goddess name Aphrodite (Aphros), or from the Etruscan name Apru. The Anglo-Saxons called April ēastre-monap (ēastre is the root of the word Easter).</p>			

LEADERSHIP

Board of Commissioners

Richard Cruz — Chairperson
 Rose Brooks — Vice-Chairperson
 vacant — Resident Commissioner
 Gloria Salazar — Commissioner
 Nina Linda Ramos — Commissioner

Executive Director

Albert Sierra

HOUSING OFFICES

Allen Woods Homes (Main Office)

512-353-5059

CM Allen Homes

512-353-1116

Chapultepec Homes

512-396-3364

Housing Choice Voucher

512-353-5061

Springtown Villa

512-396-3363

RESIDENT SERVICES

Chapultepec Adult Learning Center

Family Self-Sufficiency

512-396-3364

CM Allen KAD Korner Store

512-392-6273

Allen Woods PODER

Learning Center

512-396-3367

Springtown Villa

512-353-7343